

# ADVANTAGE

## Therapy Centers

### Psychosocial Services Information

#### Social Work Services Program

Welcome to our facility! In addition to providing outpatient physical therapy, balance and vestibular therapy, respiratory therapy, cardiopulmonary therapy, hearing examinations and hearing aids, we also offer psychosocial service to our patients and their families.

#### Why Psychosocial Services?

Illness and injury cause change in an individual's daily life and influence his or her functioning as well as sense of well-being. Adjusting to this can be difficult. Rehabilitation counseling can offer help with the solving of practical problems and coping with emotional issues that occur as a result of injury or illness. Many of these issues are of short duration and obtaining professional assistance while receiving medical treatment can enhance both processes.

Psychosocial services are individualized and confidential. A social worker can provide assistance in these areas:

- Counseling of patients and family
- Information and referral
- Referrals to community agencies
- Health Education
- Assessment of eligibility for financial assistance

#### Staff

Psychosocial Services are provided by a Licensed Clinical Social Worker who graduated from an accredited University, and is a board certified diplomate, experienced in cognitive behavioral therapy and family therapy.

#### Who benefits from Psychosocial Services?

- Patients who are experiencing difficulty coping with the emotional issues related to their injury or illness.
- Patients who, as a result of their injury or illness, have experienced loss of income and may be eligible for financial assistance programs such as SSI or AFDC.
- Patients who are interested in knowing about community resources that helps with transportation services, housekeeping services, or meals for the disabled or elderly.
- Patients who would benefit from short-term counseling sessions aimed at adjusting to life changes, whether temporary or permanent, that has occurred as a result of injury or illness.
- Patients who would benefit from counseling or information and referral services.

As a Comprehensive Outpatient Rehabilitation Facility, we offer our patients the opportunity to visit with a licensed Social Worker. The services that the Social Worker can provide include both practical and social-emotional assistance in dealing with an injury or illness. This service is provided as an integral part of the rehabilitation program and is furnished at no additional cost to the patient. If it is determined the patient needs additional counseling, a referral from your physician will be required and a fee will be charged that most insurance will cover.

## Social Service Agencies

One of the services offered by this facility at no charge is information about Social Service Agencies in the area, which provide assistance to individuals and families. We will provide you with the telephone numbers and information about the areas you have checked.

- Transportation services
- Legal services
- Affordable housing
- Financial assistance with rent, electric bills, food, clothing etc.
- Employment/vocational services
- Victims of violent crimes
- Social Security/Medicare programs for patients with limited incomes (disability, SIS, QMB/SLMB)
- Department of Human Services (food stamps, Medicaid, AFDC, WIC)
- Support groups and services for care givers and/or patients of cancer, arthritis, Alzheimer's, Parkinson's, stroke, multiple sclerosis, leukemia, diabetes etc.)
- Veterans Services
- Counseling for individuals, couples, families and/or children
- Nursing/retirement/assisted living centers
- Adult day care/respite care centers
- Home health care agencies
- Hospice care
- Homemaker services (laundry, meal preparation, light housekeeping, transportation)
- Nutrition/senior centers
- Emergency response systems/telephone reassurance
- Blind/visually impaired services
- Deaf/hearing impaired services
- Adult of child abuse services
- Substance abuse treatment centers
- Child care facilities
- Domestic violence/spouse abuse services
- Other \_\_\_\_\_

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Name

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Date